



REDLANDS CRICKET INC

HEALTH & SAFETY POLICY

Policy aligned to current Queensland Government, Queensland Cricket and Queensland Premier Cricket safety settings

Document owner	Committee / President	Approved by	Committee / Board
Version	2.0	Status	Approved
Approval date	9 th July 2026	Review date	12 months from approval or earlier if required
Effective date	9 th July 2026	Next review	9 th July 2027
Supersedes	Health & Safety Policy dated 06 October 2022	Related documents	Code of Conduct (Off-Field); Code of Behaviour (On-Field); Blue Card Policy; Child and Youth Risk Management Strategy; Complaints Handling Policy; relevant Queensland Cricket and Premier Cricket safety resources

1. Purpose

Redlands Cricket Inc (RCI) is committed to providing a safe and healthy environment for all people involved in club activities. This policy sets out RCI's approach to health and safety in training, matches, events and other club activities, and is intended to operate consistently with current Queensland Government obligations, Queensland Cricket safety settings, and applicable Queensland Premier Cricket requirements.

2. Scope

This policy applies to players, coaches, managers, officials, umpires, scorers, volunteers, committee members, parents, guardians and any other person participating in or attending RCI activities, whether on or off the field. It applies to training, matches, travel, tours, events, meetings and any other club-sanctioned activity.

3. Policy statement

- RCI is committed to following health and safety principles.
- RCI will take reasonable steps to provide and maintain a safe environment.

- RCI will promote injury prevention, safe participation and prompt response to incidents.
- RCI will support current first aid, medical, concussion and emergency response practices.
- RCI will follow competition or governing body safety requirements where they apply, including Premier Cricket match and player safety requirements.
- RCI will support safe environments for both adults and children participating in cricket.

4. Roles and responsibilities

4.1 Committee / Board

The Committee is responsible for overseeing the club's health and safety framework, reviewing this policy, and ensuring that appropriate controls, reporting pathways and related safety documents are in place.

4.2 Coaches, managers, officials and volunteers should:

- recognise foreseeable safety risks in training and match environments;
- supervise participants appropriately;
- ensure protective equipment is used where required;
- respond appropriately to head impacts, injuries, illness and unsafe conditions; and
- escalate safety concerns through the club's reporting and decision-making processes.

4.3 Players and participants should:

- use required protective equipment correctly;
- follow reasonable health and safety directions;
- disclose relevant medical conditions, injuries or restrictions where appropriate;
- report symptoms of concussion, heat stress, illness or injury promptly; and
- act in a way that does not place themselves or others at unnecessary risk.

5. Facilities, grounds and equipment

RCI will seek to ensure that facilities, grounds and equipment used for club activities are safe and fit for purpose. Unsafe conditions should be addressed promptly, and training or match activity should be modified, postponed or cancelled where conditions present an unacceptable risk.

6. Protective equipment

RCI requires participants to wear appropriate protective equipment relevant to the activity being undertaken. This includes helmets and other protective equipment where required by cricket safety guidance, match conditions, Premier Cricket rules or the nature of the activity.

Where specific Queensland Cricket or Premier Cricket requirements apply, including helmet or neck protector requirements, those requirements must be followed.

7. Head impacts, concussion and head trauma

RCI adopts a conservative safety approach to concussion and head trauma. Any player or official with a suspected concussion should be immediately removed from the playing or training environment, should not return on the same day without medical clearance, and should be assessed by a qualified medical doctor.

Participants returning after concussion or head trauma must follow the applicable return-to-cricket process, including any minimum stand-down or clearance requirement that applies under current cricket guidance.

8. Heat, hydration and environmental conditions

RCI recognises that heat stress and dehydration are significant health risks in cricket. All participants should have ready access to fluids, and hydration should be encouraged during practice and match activity.

Training and matches should be modified, rescheduled or cancelled where environmental conditions create an unacceptable risk. Where applicable, current Queensland Cricket / Premier Cricket guidance for playing in the heat should be followed.

9. Sun safety

RCI will support sun-safe participation and event management by encouraging shade access, sun-protective clothing, suitable headwear and regular sunscreen use across training, matches and events.

As a Queensland outdoor sporting organisation, RCI recognises that ultraviolet exposure is a year-round issue and will encourage practical sun protection measures for participants, volunteers and spectators.

10. Medical information, illness and injury

RCI recognises that some participants have medical conditions or injury histories that may affect participation. Where relevant, coaches and officials should be made aware of significant medical conditions or restrictions so they can respond appropriately in an emergency or modify participation where required.

Medical advice should be sought where a participant's condition, fitness or recovery from illness or injury is in doubt.

11. First aid and incident response

RCI will seek to ensure that first aid resources are available at club activities and that appropriate personnel know how to escalate injuries, incidents or emergencies. A serious immediate threat to life or safety should be treated as an emergency and referred to 000.

The club should also document safety incidents and retain relevant records where necessary.

12. Child safety interface

This policy should be read alongside the club's child safety documents, including the Blue Card Policy and Child and Youth Risk Management Strategy. Nothing in this policy replaces the club's child safety obligations or safeguarding procedures.

13. Work health and safety interface

Where the club is subject to work health and safety obligations, this policy is intended to support those obligations in a practical sporting context. It should be applied consistently with any Queensland work health and safety duties relevant to the club's operating structure.

14. Related documents

- Code of Conduct (Off-Field)
- Code of Behaviour (On-Field)
- Blue Card Policy
- Child and Youth Risk Management Strategy
- Complaints Handling Policy
- applicable Queensland Cricket and Queensland Premier Cricket safety resources, including concussion, heat, helmet and match-condition documents

15. Review

This policy will be reviewed annually, and earlier if Queensland Cricket or Premier Cricket safety settings change, legal obligations change, or club incidents or operational changes identify a need for improvement.

16. Adoption

Adopted by Redlands Cricket Inc on 9th July 2026.

President	Date 9 th July 2026
Secretary	Date 9 th July 2026
	